

Transitioning Tips For Being a Green Student

Here are some tips that will help you become a 'greener' student.

Use Recycling Stations

Throughout the campus you will find recycling stations - please use them! If you are unsure what goes in it - just ask. Remember to leave no trace behind in your classrooms.

Walk, ride a bike, take the bus or carpool

Get some exercise and do something good for the environment - if you live near campus consider walking or riding a bike. The other options are to take the bus or grab a couple of your friends and carpool to campus!

Put your Computer to Sleep

Screen savers are fun, yet putting your computer in sleep mode instead can reduce energy by 60 to 70 percent.

Take a Paper Cut

It is not necessary to print everything and if you need to print something change the settings on your document so you can print on one page instead of two.

Use a Reusable Mug

Billions of plastic water bottles are clogging up our landfills. Consider using a reusable mug or bottle to fill up with water from the tap. Some retailers even give discounts for using your mug.

Limit the use of paper napkins

Napkins can add up so after that big delicious meal - just use one napkin to clean up.

Use compact fluorescent light bulbs

These bulbs cost more, but they last longer and ultimately save you money. If you live in a residence or at home, get yourself a lamp and screw in one of these bulbs. Lamp light is much more pleasant and environmentally efficient than overhead residence/apartment lighting.

Be green...Buy green

Purchase recycled products whenever you can, especially paper. As well, buy environmentally safe cleaning products.

Be Notebook Smart

Use refillable binders instead of notebooks. This is a simple and easy way to save waste. If you want to save your notes after the semester is over, take them out of the binder and staple them. Or you can go electronic and take all of your notes on a laptop.

Give this tip sheet to someone else to read!

Don't throw it out—reuse and share the knowledge.

Seneca Recycling Guides available at:

www.senecac.on.ca/facilities/recycling-guides.html