

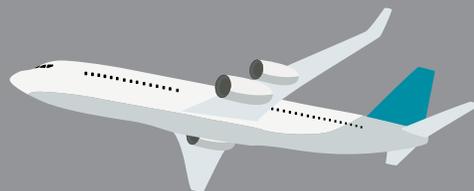
This way to Seneca

Section 2 of 2: Arrival

This checklist is specifically for applicants who are travelling to Canada and offers tips on what to expect when you arrive. If you have not already done so, please **FIRST** review the This way to Seneca — **SECTION 1: PRE-DEPARTURE CHECKLIST** and complete any necessary step required for your program of study.

Arrival in Canada

This list covers what to expect when you arrive in Canada. For those planning to attend classes from home and will therefore not be travelling to Canada, please refer to the **STUDYING FROM HOME** version of this document.



01

Be Ready for Departure



Be aware of any safety or health regulations that may now be in place. For example, effective January 7, 2021, all travellers to Canada (older than 5 years old) will be required to show a negative molecular polymerase chain reaction (PCR) or loop-mediated isothermal amplification (LAMP) COVID-19 test result.

- Please review and act according to the following COVID-19 rules and procedures — [Toronto's Pearson International Airport's Safety Procedures](#) and airline protocols.

02

Welcome to Canada



Please wear a face mask while getting off the plane and at all times while you are in the airport.

Upon your arrival to Canada please make sure you carry with you your:

- Face mask
- STUDY PERMIT** or valid **PORT OF ENTRY LETTER OF INTRODUCTION**
- PASSPORT** with a valid student **VISA** or **eTA (electronic Travel Authorization)**
- Letter of Acceptance (LOA) from Seneca
- Proof that you have enough money to support yourself and any family members who come with you to Canada
- Written or electronic documentation of a negative COVID-19 laboratory test no earlier than 72 hours prior to your flight. The test can either be a molecular polymerase chain reaction (PCR) or loop-mediated isothermal amplification (LAMP) test.
- All mandatory and recommended Apps on your phone (see [Section 04 – Pre-Departure](#) document for more information)
- Your **Mandatory Documents**, including your 14-day self-quarantine plan and the receipt on your [ArriveCAN App](#) confirming that the government has received your travel plans (see [Section 04 – Pre-Departure](#) document for more information)
- You will not pick up your checked luggage until after you visit immigration. Don't pack any important documentation in your checked luggage

NOTE: Be sure to have in your carry-on any snacks, medication, toiletries and other needs you may have while in quarantine. You will not be able to go out to shop for 14 days after your arrival. You may be able to arrange for deliveries but allow for delays.

03

Canadian Border Security



In the airport, you will proceed to Canadian border security where your arrival is processed. Present your **Mandatory Documents** detailed in #02 to the Canada Border Services Agent.

Here, you will be asked to provide your 14-day self-quarantine plan. This is required even if you have tested negative and have no symptoms. Quarantine is mandatory for all international students travelling to Canada.

NOTE: We recommend you complete your Mandatory Documents and 14-Day Quarantine plan at least two weeks before you travel to Canada. Plan to take a PCR or LAMP COVID-19 test 72 hours prior to your travel. Keep these with you in your carry-on luggage when you travel.

04

Exiting the Airport



After you are cleared to pass through the Canadian border security, go to collect your checked luggage.

In your pre-departure planning, you would have pre-arranged with Seneca for an airport pick-up. One of our drivers will meet you at the airport. **Go to the designated meeting spot** in your airport pickup confirmation notice that was emailed to you at the time of your request. If you have any difficulty finding your driver, please contact sergio.vazquez@senecacollege.ca or call 416-491-5050 ext. 22367.

From the airport — or as soon as possible: follow instructions in your **Seneca Arrivals App** and check in with Seneca right away through the Daily Check-In icon.

05

Travel Directly to Your Self-Quarantine Location

Your driver will drop you off at your self-quarantine address where you must follow guidelines provided by the [Government of Canada](#).



06

During Quarantine

International students are subject to all public health measures including the mandatory 14-day quarantine period upon arrival in Canada. During your 14-day quarantine period, you must:



- Follow guidance provided by the [Government of Canada](#) and [Seneca](#)
- Monitor your physical and mental health and well-being
- Complete and submit your daily check-in on the [Seneca International Arrivals \(iCent\) app](#) and the [ArriveCAN App](#)
- Complete your 14-day quarantine period
- Pre-arrange for a COVID-19 test at a local [COVID-19 Assessment Centre](#) or select pharmacies after Day 14 of your quarantine
- Submit your post-quarantine attestation on the [Seneca International Arrivals \(iCent\) App](#)